



**CURRICULUM
ITAE**

ALAMGIR KHAN QURESHI

M.Phil. SPORTS SCIENCES AND PHYSICAL EDUCATION
GOMAL UNIVERSITY D.I. KHAN K.P.K PAKISTAN.
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PERSONAL INFORMATION

- **NAME:** ALAMGIR KHAN QURESHI
- **F.NAME:** Abdullah Khan
- **D.O.B:** 13-04-1989
- **NATIONALITY:** PAKISTANI
- **DOMICILE:** K.P.K BANNU.
- **RELIGION:** ISLAM
- **Marital Status:** MARRIED
- **NIC#** 11101-9667790-5
- **Address:** Village: Akhundun P/o Fazal Haq Malwana Surrani Bannu.
- **Mob No:** 03329741015

PERSONAL OBJECTIVE:

I am confident and enthusiastic person with ability to learn and adapt quickly to new challenges and difficult situation under pressure. I have an organized approach with good communication skills which enable me to work effectively either on my own or as a part of the team.

ACADEMIC RECORD:

S.No.	Particular	Subject	Marks	Board/University
1	S.S.C	Science	531/1050	BISE Bannu
2	F.A	Arts & Humanities	587/1100	BISE Bannu
3	B.A	Pol. Sce & H.P.E	265/550	UST Bannu
4	M.Sc	M.Sc Sports Sciences and Physical Education	1517/2200	Gomal University DIKhan
5.	M.Phil	Sports Science & Physical Education	3.5 CGPA	Gomal University DIKhan
6.	Ph.D	Sports Science & Physical Education	Under Process	Gomal University DIKhan

LANGUAGES:

Language	Speaking ability	Writing Ability
English	Good	Good
Urdu	Excellent	Excellent
Pashto	Excellent	Excellent

EXPERIENCES:

1. 6 Months **Research experience** (Awareness about utility of Carbohydrates in aerobic activities).
2. 02 months working experience as a **PTI** in Federal Public School & College Hayatabad Phase-VI Peshawar
3. 02 months working Exeperince as a **Lecturer** in Peshawar College of Physical Education Peshawar.
4. Working as a **Lecturer** in the Department of Sports & Sciences & Physical Education, Gomal University D.I.Khan, since 19th April 2012 to till date.
5. Working as a **Staff Proctor** Department of Sports & Sciences & Physical Education, Gomal University D.I.Khan, since 19th April 2012 to till date.

RESEARCH PUBLICATIONS:

S.NO	TITLE	JOURNAL	VOL	ISSUE	YEAR	WEB
1	Study of Governmental Barriers/Hurdles Affecting Sports in Secondary Schools of Khyber Pakhtunkhwa, Pakistan	Industrial Engineering Letters	4	4	2014	www.iiste.org
2	Parental Constraints in the Way of Sports Participation among the Secondary Students of Khyber Pakhtunkhwa, Pakistan	Journal of physical Education Research(JOPER)	3	3	2016	http://www.joper.org/editorial-board.php
3	Impact of Teacher Personality on the Academics of the Students	Journal of Physical Education Research(JOPER)	3	2	2016	http://www.joper.org/editorial-board.php
4	Study of the Financial Impediments and its Effects on Sports Activities in Secondary Schools of Khyber Pakhtunkhwa Pakistan	International Review of Social Sciences(IRSS)	4	6	2016	www.irss.academyirmbr.com
5	Factors Effecting Life Expectancy in Developed and Developing Countries of the world (An Approach to Available Literature)	International Journal of Yoga, Physiotherapy and Physical Education	1	1	2016	www.sportsjournal.in
6	Causes of Misconception about Polio Vaccination (A Case Study of Tribal Areas of South Waziristan (SWA) Kpk Pakistan)	Journal of Psychiatry	3	2	2016	https://sites.google.com/site/photonfoundationorganization/home/journal-of-psychiatry
7	Impact of Teacher Knowledge on Students Academics	International Journal of Scientific & Engineering Research	7	4	2016	http://www.ijser.org/search.html
8	Class Room Management on Part of a Teacher and Students Academics Performance	An African journal of Arts and Humanities	2	6	2016	http://igwebuikejournals.com
9	Effectiveness of Recreational Activities among the Doctors Community of District Dera Ismail Khan KPK Pakistan	Noble International Journal of Social Sciences Research	1	1	2016	http://napublisher.org/?ic=journals&id=2
10	Perception of Physical Education Students Regarding Their Teacher Behavior	International Journal of Yoga, Physiotherapy and Physical Education	2	1	2017	www.sportsjournal.in
11	Attitude of Tribal People of South Waziristan Agency Toward Their Children Sports Participation	Journal of Tourism, Hospitality and Sports	26	2	2017	www.iiste.org
12	Role of Sports in the Development of Peace, Equality And Brother Hood among the Students	Gomal University Journal of Research(GUJR)	32	2	2017	http://www.gu.edu.pk/new/GUJR/GUJR
13	Teacher Communication Skills and Students Academics	Journal of Education and Practice	8	1	2017	www.iiste.org
14.	Diet and Sports Performance	Journal of Tourism, Hospitality and Sports	27	3	2017	www.iiste.org
15.	Psychological Satisfaction through Sports Participation	Journal of Tourism, Hospitality and Sports	27	3	2017	www.iiste.org
16.	Perception of Female College Teachers Regarding the Role of Sports in Controlling Deviant Behavior among the Female Students at College Level	Journal of Tourism, Hospitality and Sports	27	3	2017	www.iiste.org
17.	Perception of Athletes regarding Diet and its Effects in the Maintenance of Sports Performance	Journal of Nutrition & Food Sciences	7	2	2017	
18	Professionalism in Teaching and Students Academics	Research on Humanities and Social Sciences	7	7	2017	www.iiste.org

19	Obesity and its complication among the children	International Journal of Nutrition and Health Sciences	2	1	2017	
20	Causes, Sign & Symptoms of Malnutrition	Causes, sign and symptoms of malnutrition among the children.	1	1	2017	
21.	Causes, Complications and Management of Diabetes Mellitus	Chronicle Journal of Food and Nutrition	1	1	2017	
22.	Impact of recreational activities upon psychological wellbeing	International Journal of Physical Education and Sports	2	6	2017	www.phyeduports.in

REVIEW OF PAPERS

1. The effect of teaching by using interactive approach on the students reading ability (*Experimental research to tenth grade students of madrasah aliyah swasta gp. Teungoh langsa municipality, aceh province, indonesia*).**International Journal of Science and Technology Education Research. Date of Review: 13/09/201**
2. Class room management and students academics)**International Journal of Teacher Education.Date of Review 26/2/2017**
3. Assessment of Nutritional value, Chemical Composition and Anti-Obesity Effect of Dried Jojoba Leaves in north Sinai) **Journal of Nutrition & Human Health. .Date of Review 28/4/2017**
4. Effect of Using Jojoba and Moringa Protein Concentrate as a Fat Mimetic on Physical and Sensory Properties of Cup Cake) **Journal of Nutrition & Human Health. .Date of Review 5/5/2017**

BOOKS PUBLICATIONS:

1. Basics of health and physical education (Published By LAP Germeny)
2. Concept of sports training & coaching (Published By LAP Germeny)
3. Sports Psychology (Submitted)

WORKSHOPS AND CONFERENCE ATTENDED

1. Five days workshop for **Promotion of Peace and Democracy through critical thinking among the Youth** conducted by Burgad Youth Organization Germany(2013).
2. Five days workshop for the **Training of the Trainer** conducted by Islamic **International University Islamabad Pakistan (2013)**.
3. One day seminar Conducted by **Sports Sciences & Physical Education Gomal University**

MEMBERSHIPS/AFFILIATION

1. Member of Executive Board of **Asian Society for Compative Physical Education & Sports (ASCPES)**
2. Member Editorial Board/Reviewer of (**International Journal of Science and Technology Education Research**)
3. Member Editorial Board/Reviewer of (**International Journal Physical Health Education**)
4. Member Editorial Board/Reviewer of (**Chronicle Journal of Food and Nutrition**)
5. Member Editorial Board/Reviewer of (**Journal of Nutrition & Human Health**)
6. Member Editorial Board/Reviewer of (**Journal of Food Science and Nutrition**)
7. Member Editorial Board/Reviewer of (**International Journal of Nutrition and Health Sciences**)
8. Member Editorial Board/ Reviewer of (**The Journal of Social Sciences Research**)
9. Member Editorial Board/ Reviewer of (**International Journal of Yoga,Physiotherapy and Physical Education**)
10. Member Editorial Board/ Reviewer of (**SciFed Food & Dairy Technology Journal**)

ACHEIVEMENTS

First Position in the evaluation of teaching faculty of Deptt of Sports Sciences & Physical Education conducted by QEC Gomal University

FIELD OF INTEREST:

1. Sports Medicine
2. Sports Nutrition
3. kinesiology (Bio-mechanic)
4. Exercise physiology
5. Planning Facilities in sports, Physical education & recreation
6. Administration & management in sports, physical education & recreation
7. Health & Environmental Education
8. Social aspect of Sports, Physical Education & recreation.
9. Rules of sports and games.
10. Foundation of Physical Education

REFERENCES

1. **Dr. SALAH-UD-DIN KHAN (Professor)**
Chairman of Sports Science & Physical Education

Gomal University D.I.Khan

2. **Dr. GULZAR ALI QURESHI (Professor)**
Chairman of Math's Department
Peshawar University KPK, Pakistan

3. **Dr. MOHSAN NAWAZ QURESHI (Associate Professor)**
Department of Chemistry
Hazara University Manshera.

4. **Dr. SUBHAN QURESHI (Professor)**
Dean of Veterinary Sciences
Peshawar University KPK, Pakistan

5. **SYED ZIA UL ISLAM (Lecturer)**
Deptt Sports Sciences & Physical Education
Gomal University, D.I.Khan

7. **Dr. JALIL-UR-REHMAN BALOCH (Professor)**
Department of Sports Science & Physical Education
Gomal University D.I.Khan.